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# A WORTHY LIFE:

EPHESIANS 4 V. 1-16

‘In Christ’

: Lessons from Ephesians – Part 6



**“DID I LIVE A LIFE WORTHY  
OF THEIR SACRIFICE?”**

**A LIFE  
WORTHY  
OF THE  
CALLING  
(V. 1-3)**

**Be completely humble  
and gentle; be patient,  
bearing with one  
another in love.**

**Make every effort to  
keep the unity of the  
Spirit through the bond  
of peace.**

**THERE IS:  
(V. 4-6)**

One body

One Spirit

One hope

One Lord,

One faith

One  
baptism

One God  
and Father

Christ is the giver  
(v. 7-11)



He gave some to be:

- Apostles
- Prophets
- Evangelists
- Pastors and teachers

OUR EQUIPPING – BY GRACE (V. 7-13)

# OUR MATURING (V. 12,13)


*to prepare God's people for works of service*



*so that the body of Christ may be built up*



*until we all reach unity in the faith and in the knowledge of the Son of God*



*and become mature, attaining to the whole measure of the fullness of Christ.*

## NO LONGER INFANTS... (V. 14)

*tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming.*




*Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood. I know that after I leave, savage wolves will come in among you and will not spare the flock. Even from your own number men will arise and distort the truth in order to draw away disciples after them. So be on your guard! (Acts 20 v. 28-31)*




## GROWING UP INTO CHRIST (V. 15,16)


*Instead,  
speaking the  
truth in love*



*We will in all things  
grow up into him who is  
the Head, that is Christ.*



*From him the whole  
body, joined and held  
together by every  
supporting ligament,*



*Grows and builds itself  
up in love, as each  
part does its work.*